



eFence Security

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**Did
you
know?**

**As of May
2022, a
staggering
81% of all
criminal data
breaches used
stolen or
weak
passwords.**

Cyber Hygiene

Today's Topic: **PASSWORDS**

Social engineering and phishing attempts have skyrocketed since the pandemic in attempts to compromise data. For that reason, it is up to each of us to protect ourselves on a daily basis. Never open suspicious links or emails from an address you don't know, and it would be smart to stay away from social media at work to prevent malicious attackers.



What makes a strong password?

- ✓ 16+ Characters
- ✓ lowercase, CAPITAL, and \$p3ci@! characters with some punctuation!
- ✓ Use a password manager for security to bypass keyloggers
- ✓ Update passwords on a regular basis
- ✓ Give each account a unique password
- ✓ When possible, enable Two-Factor Authentication